

TED talks. Body Language. (Amy Cuddy)

https://www.ted.com/talks/amy_cuddy_your_body_language_may_shape_who_you_are

Watch the video and try to hear the following vocabulary. How are the following words translated in the sub-titles?

To hunch (hunching) Handshake Judgement Researcher To sue (sued) Prejudice Dominance Oualified To fake it Feelings Games of chance Spit Gamble Meaningful findings Quicksand gifted quit defeated tweaks

Now watch the video again and answer the following questions:

- 1. What can the good use of emoticons result in?
- 2. How is dominance shown among living beings?
- 3. What do we do if we feel powerless?
- 4. What happens if we are with someone who is showing power?
- 5. Who feel more powerful, men or women?
- 6. What adjectives does the speaker use to describe powerful people? (give at least three)
- 7. There are two key hormones mentioned; testosterone and?
- 8. Which of the two hormones is produced when we are stressed?
- 9. During the talk, she mentions two experiments they carried out. Describe the first one.
- 10. If a person touches their neck, how are they feeling?
- 11. What percentage of people gamble after holding a high-power pose?
- 12. What do people tend to do before a job interview?
- 13. What is the speaker talking about when she mentions "standing in social quicksand"?
- 14. What is the most influential aspect of the effect you make at an interview?
- 15. What does "fake it till you make it" mean? And "fake it till you become it"?